

# Week I March 17<sup>th</sup> – 21<sup>st</sup> March 2025

### Tuesdays are Student Choices

| Monday 17 <sup>th</sup>   | Tuesday 18 <sup>th</sup>   | Wednesday 19 <sup>th</sup>  | Thursday 20th  | Friday 21st  |
|---|--|---|--|--|
| Tomato Soup<br>served with Rustic Bread   | Leek & Potato Soup<br>served with Rustic Bread   | Roasted Sweet Potato &<br>Butternut Squash Soup<br>served with Rustic Bread | Carrot & Crème Fresh<br>Soup<br>served with Rustic<br>Bread    | Tomato Soup served<br>with Rustic Bread                              |
| (V) Roasted Rainbow,<br>Chickpea, Peppers,<br>Courgettes & Red Onion<br>with a Tomato & Garlic<br>Sauce | Burrito Bowl Non – Meat Balls Grilled Mushrooms Fajita Vegetables  | (V) Creamy Vegetable<br>Pie   | (V) Bean & Peppers &<br>Red Onion Pot                          | (V) Cheese Panini  |
| (H) (NH) Mushroom &<br>Pea Carbonara with<br>Smoked Salmon (on the<br>side)                             | Chilli Beef  | (H) (NH) Steak &<br>Vegetable Pie   | (H)(NH) Chicken Fajita<br>with a Wholemeal<br>Pitta            | Pepperoni Panini   |
| Garlic Bread or Bread<br>Sticks<br>Mixed Vegetables<br>Wholemeal Pasta<br>Farfalle Pasta Bows           | Steamed Rice Black Pinto Beans Corn Salsa, Pickled Red Onions Tomato, Onion & Diced Pepper Jalapeno, Sour Cream & Cheese | Chunky Chips<br>Baked Beans<br>Garden Pea                                   | Cheese Spicy Brown Rice Macho Peas Rainbow Slaw Guacamole      | Baked Jacket Wedges  Mushy Peas  Lemon Broccoli  Caramelised Carrots |
| Mixed Jacket – Tuna,<br>Cheese, or Baked Beans  | Pasta served with or<br>Without Tomato Sauce<br>& Topped with Cheese   | Mixed Jacket – Tuna,<br>Cheese, or Baked Beans                              | Pasta served with or without Tomato Sauce & Topped with Cheese | Mixed Jacket – Tuna,<br>Cheese, or Baked<br>Beans                    |
| Salad Bar   | Salad Bar  | Salad Bar   | Salad Bar  | Salad Bar  |
| Yoghurt Bar with<br>Granola & Fruit<br>Whole Fresh Fruit  | Yoghurt Bar with<br>Granola & Fruit<br>Whole Fresh Fruit   | Yoghurt Bar with<br>Granola & Fruit<br>Whole Fresh Fruit                    | Yoghurt Bar with<br>Granola & Fruit<br>Whole Fresh Fruit       | Yoghurt Bar with<br>Granola & Fruit<br>Whole Fresh Fruit             |

V = Vegetarian / H =Halal/ NH +Non-Halal

If you suffer from a food allergy or intolerance, you are advised to consult with the Catering Manager

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# 1874 - 6 from Menu

Week 2 - March 24th - 28th March 2025

### Tuesdays are Student Choice

| Tomato & Red Pepper Soup served with Rustic Bread Soup served with Rustic Bread With Rustic Bread With Rustic Bread Sweet Potato Curry Served with Crusty Bread With Crusty Bread Cheese Nam Bread Work Fried Cabbage Nam Bread  Pasta served with or without Tomato Sauce & Cheese Salad Bar Salad Bar Salad Bar Salad Bar Soup served with Rustic Bread Soup served with Crusty Bread Soup served with Rustic Soup served with Crusty Bread Soup served with Crusty Br |  |   |                            |                                 |  |
|--|--|---|----------------------------|---------------------------------|--|
| Soup served with Rustic Bread  Soup served with Rustic Bread  (V) Spinach, Chickpea & Sweet Potato Curry  (H) (NH) Chicken Tikka  Beef Hot Pot served with Crusty Bread  (Kidney Beans)  Oven Baked Broccoli Stir fried Cabbage Naan Bread  Pasta served with or without Tomato Sauce Cheese  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Soup served with Rustic Bread  (V) Onion Bhaji Burger topped with Crush Pot with Max with All Survey Bread  (V) Mixed Bean Chillit Quorn S with Max with Granola & Fruit  Soup served with Rustic Bread  Poponal Served with Crush Bread  Soup served with Rustic Bread  Soup served with Granola & Soup served with Crush Bread  Soup served with Granola Served with Crush Bread  Poponal Served with Granola & Fruit Soup served with Granola & Fruit Served with Granola & Fruit Served with Granola & Fruit Gra | Monday 24 <sup>th</sup>                                | Tuesday 25 <sup>th</sup>                | Wednesday 26 <sup>th</sup> | Thursday 27 <sup>th</sup>       | Friday 28 <sup>th</sup>                                  |
| Sweet Potato Curry served with Crusty Bread topped with Cheese Pot with Mark  (H) (NH) Chicken Tikka Beef Hot Pot served with Crusty Bread Chicken (H/NH) Beef Chilli (H/NH) Halal Chic Porl  Mixed Rice'n'Peas (Red Kidney Beans) Oven Baked Broccoli Stir fried Cabbage Naan Bread  Pasta served with or without Tomato Sauce & Cheese Mayo- Cheese – or Baked Beans  Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Solad  | Soup<br>served with                                    | •                                       | Soup served with Rustic    | Soup served with Rustic         | Cream of Tomato Sou<br>served with Rustic Brea           |
| Crusty Bread  Chicken (H/NH)  Mixed Rice'n'Peas (Red Kidney Beans)  Oven Baked Broccoli Stir fried Cabbage Naan Bread  Pasta served with or without Tomato Sauce & Cheese  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Corn on the Cob Roasted Peppers & Courgettes Steamed Rice  Mixed Jackets – Tuna without Tomato Sauce & Cheese – or Baked Beans  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Salad Bar  Yoghurt Bar with Granola & Fruit  Granola & Fruit  Corn on the Cob Roasted Peppers & Courgettes Steamed Rice  Mixed Jackets-Tuna with or without Tomato Sauce Mixed Jackets-Tuna Maco Mixed Jackets-Tun |  | •                                       | • •                        | <b>\</b> /                      | Quorn Sausage server<br>with Mashed Potato &<br>Gravy    |
| Kidney Beans)       Oven Baked Broccoli       Honey Roasted Parsnips       Garden Peas Baked Beans       Roasted Peppers & Courgettes       Herita Garden Peas Baked Beans       Roasted Peppers & Courgettes       Herita Garden Peas Baked Beans       Steamed Rice       Herita Garden Peas Baked Beans       Steamed Rice       Mixed Jackets – Tuna Mayo- Cheese – or Baked Beans       Mixed Jackets – Tuna Mayo- Cheese, or Baked Beans       Mac Without Tomato Sauce       Mixed Jackets – Tuna Mayo- Cheese, or Baked Beans       Mac Without Tomato Sauce       Mayo- Cheese, or Baked Beans       Steamed Rice       Mac Without Tomato Sauce       Mixed Jackets – Tuna Mayo- Cheese, or Baked Beans       Mayo- Cheese, or Baked Beans       Steamed Rice       Mac Without Tomato Sauce       Mayo- Cheese, or Baked Beans       Mayo- Cheese, or Baked Beans       Steamed Rice       Mayo- Cheese, or Baked Beans       Mayo- Cheese, or Baked Beans <td>(H) (NH) Chicken Tikka</td> <td></td> <td></td> <td>Beef Chilli (H/NH)</td> <td>Halal Chicken Sausage<br/>Pork Sausage</td>   | (H) (NH) Chicken Tikka                                 |   |                            | Beef Chilli (H/NH)              | Halal Chicken Sausage<br>Pork Sausage                    |
| without Tomato Sauce & Cheese Or Baked Beans Without Tomato Sauce Mayo, Cheese, or Baked Beans  Salad Bar Yoghurt Bar with Granola & Fruit Granola | Kidney Beans)  Oven Baked Broccoli  Stir fried Cabbage | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | Garden Peas                | Roasted Peppers &<br>Courgettes | Mashed Potato Heritage Carrots Garden Peas               |
| Yoghurt Bar with Granola Yoghurt Bar with Yoghurt Bar with Yoghurt Bar with Granola & Fruit Gr | without Tomato Sauce &                                 | Mayo- Cheese - or Baked                 |                            | Mayo, Cheese, or Baked          | Mac & Cheese   |
| & Fruit Granola & Fruit Gran   | Salad Bar  | Salad Bar                               | Salad Bar                  | Salad Bar                       | Salad Bar  |
|  | & Fruit  | Granola & Fruit                         | Granola & Fruit            | Granola & Fruit                 | Yoghurt Bar with<br>Granola & Fruit<br>Whole Fresh Fruit |

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#### 1874 – 6 Form Menu

Week 3 March  $31^{st} - 4^{th}$  April 2025

# Tuesdays are Student Choices

| Monday 31st   | Tuesday Ist   | Wednesday 2 <sup>nd</sup>                                  | Thursday 3 <sup>rd</sup>                                 | Friday 4 <sup>th</sup>  |
|---|---|--|--|---|
| Tomato & Balsamic Soup<br>served with<br>Rustic Bread                                   | Leek & Potato Soup<br>served with Rustic<br>Bread         | Lentil Soup served with<br>Rustic Bread                    | Sweet Potato & Chill<br>Soup served with Rustic<br>Bread | Tomato Soup served<br>with Rustic Bread                         |
| (V) Pesto Roasted<br>Vegetables served with<br>Parmesan Style Cheese<br>Or Tomato Pasta | (V) Aubergine,<br>Chickpea & Courgette<br>Katsu Curry     | (V) Cheese & Tomato<br>Pizza served with Salad             | (V) Woodland<br>Mushroom & Lentil<br>Wellington          | Quorn Nuggets served<br>with Curry Sauce                        |
| (H) (NH) Pork & Beef Meat<br>Balls served with Parmesan<br>Style Cheese                 | (H (NH))Katsu Chicken<br>Curry                            | (NH) Chicken &<br>Sweetcorn served with<br>Salad.          | (H)(NH) Roast Turkey<br>served with Stuffing             | Fish Fingers with<br>Lemon Mayo                                 |
| Italian Salad  Lemon Pepper Corn on the Cob  Garlic Bread                               | Steamed Basmati Rice Stir Fried Vegetables Japanese Salad | Chips<br>Broccoli<br>Corn on the Cob<br>Salad Bar          | Roasties  Cauliflower Cheese  Sauté Cabbage &  Carrots   | Rosemary Potato &<br>Sweet Potato<br>Garden Peas<br>Baked Beans |
| Mixed Jackets with Tuna<br>Mayo – Cheese or Baked<br>Beans                              | Pasta served with or<br>without Tomato Sauce<br>& Cheese  | Mixed Jackets with Tuna<br>Mayo – Cheese or Baked<br>Beans | Pasta served with or<br>without Tomato Sauce &<br>Cheese | Mixed Jackets with Tuna<br>Mayo – Cheese or Baked<br>Beans      |
| Salad Bar   | Salad Bar   | Salad Bar  | Salad Bar  | Salad Bar   |
| Yoghurt Bar with Granola &<br>Fruit   | Yoghurt Bar with<br>Granola & Fruit                       | Yoghurt Bar with<br>Granola & Fruit                        | Yoghurt Bar with<br>Granola & Fruit                      | Yoghurt Bar with<br>Granola & Fruit                             |
| Whole Fresh Fruit   | Whole Fresh Fruit   | Whole Fresh Fruit  | Whole Fresh Fruit  | Whole Fresh Fruit   |

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